

**CITY OF ROCKY MOUNT**  
**PARKS AND RECREATION SUMMER DAY CAMP**  
Winstead Avenue

**Week 1: June 11 – June 15**

<u><b>Monday</b></u>	<u><b>Tuesday</b></u>	<u><b>Wednesday</b></u>	<u><b>Thursday</b></u>	<u><b>Friday</b></u>
<u><b>7:30am – 9:00am</b></u> Sign in and structured free time	<u><b>7:30am – 9:00am</b></u> Sign in and structured free time	<u><b>7:30am – 9:00am</b></u> Sign in and structured free time	<u><b>7:30am – 9:00am</b></u> Sign in and structured free time	<u><b>7:30am – 9:00am</b></u> Sign in and structured free time
<u><b>9:00am – 10:00am</b></u> SDC Orientation	<u><b>9:00am – 10:00am</b></u> Morning exercise	<u><b>9:00am – 10:00am</b></u> Morning exercise	<u><b>9:00am – 10:00am</b></u> Morning exercise	<u><b>9:00am – 10:00am</b></u> Morning exercise
<u><b>10:00am – 11:00am</b></u> Outside Games and Activities	<u><b>10:00am – 11:00am</b></u> Outside Games and Activities	<u><b>10:00am – 11:00am</b></u> Outside Games and Activities	<u><b>10:00am – 11:00am</b></u> Outside Games and Activities	<b>Braswell Library</b>
<u><b>11:00am – 12:00pm</b></u> Getting to know you	<u><b>11:00am – 12:00pm</b></u> Arts & Crafts	<u><b>11:00am – 12:00pm</b></u> Table Games	<u><b>11:00am – 12:00pm</b></u> Team Building Activities	
<u><b>12:00pm – 1:00pm</b></u> Bring your own bag lunch	<u><b>12:00pm – 1:00pm</b></u> Bring your own bag lunch	<u><b>12:00pm – 1:00pm</b></u> Bring your own bag lunch	<u><b>12:00pm – 1:00pm</b></u> Lunch *Provided	
<u><b>1:00pm – 3:30pm</b></u> Movie at Winstead	<u><b>1:00pm – 3:30pm</b></u> Outside games and activities	<u><b>1:00pm-2:30pm</b></u> NC Nutrition – 5-6 Yr Olds	<u><b>1:00pm – 3:30pm</b></u> Outside games and activities	<u><b>2:30pm-3:30pm</b></u> Table Games
<u><b>3:30pm 5:00pm</b></u> Snack In or Outside Activities	<u><b>3:30pm 5:00pm</b></u> Snack In or Outside Activities	<u><b>2:30pm-4:00pm</b></u> NC Nutrition – 7-8 Yr Olds	<u><b>3:30pm 5:00pm</b></u> Snack In or Outside Activities	<u><b>3:30pm 5:00pm</b></u> Snack In or Outside Activities
		<u><b>4:00pm-5:00pm</b></u> Outside games and activities		
<u><b>5:00pm – 5:30pm</b></u> Pickup	<u><b>5:00pm – 5:30pm</b></u> Pickup	<u><b>5:00pm – 5:30pm</b></u> Pickup	<u><b>5:00pm – 5:30pm</b></u> Pickup	<u><b>5:00pm – 5:30pm</b></u> Pickup

*\*All trips are subject to change*

*\*Please bring correct change for all trips*

*\*Closed toe shoes are required daily and shorts are recommended*

*\*Schedules can be viewed at <http://www.rockymountnc.gov/parks/>*

*For additional information please contact camp director or call 252-467-4925*

**CITY OF ROCKY MOUNT**  
**PARKS AND RECREATION SUMMER DAY CAMP**  
Winstead Avenue

**Week 2: June 18 – June 22**

<u><b>Monday</b></u>	<u><b>Tuesday</b></u>	<u><b>Wednesday</b></u>	<u><b>Thursday</b></u>	<u><b>Friday</b></u>
<u><b>7:30am – 9:00am</b></u> Sign in and structured free time	<u><b>7:30am – 9:00am</b></u> Sign in and structured free time	<u><b>7:30am – 9:00am</b></u> Sign in and structured free time	<u><b>7:30am – 9:00am</b></u> Sign in and structured free time	<u><b>7:30am – 9:00am</b></u> Sign in and structured free time
<u><b>9:00am – 10:00am</b></u> Morning exercise	<u><b>9:00am – 9:30am</b></u> Morning exercise	<u><b>9:00am – 10:00am</b></u> Morning exercise	<u><b>9:00am – 9:30am</b></u> Morning exercise	<u><b>9:00am – 9:30am</b></u> Morning exercise
<u><b>10:00am – 12:00pm</b></u> Swimming at Denton Street Pool  *Bathing suit and towel required*	<u><b>9:30am – 10:30am</b></u> Outside Games and Activities	<u><b>10:00am – 12:00pm</b></u> Swimming at Denton Street Pool  *Bathing suit and towel required*	<u><b>9:30am – 10:30am</b></u> Outside Games and Activities	<u><b>9:30am – 10:30am</b></u> Outside Games and Activities
	<u><b>10:30am – 12:00pm</b></u> Arts & Crafts		<u><b>10:30am – 12:00pm</b></u> Table Games	<u><b>10:30am – 12:00pm</b></u> Card Games
<u><b>12:00pm – 1:00pm</b></u> Lunch *Provided	<u><b>12:00pm – 1:00pm</b></u> Lunch *Provided	<u><b>12:00pm – 1:00pm</b></u> Lunch *Provided	<u><b>12:00pm – 1:00pm</b></u> Lunch *Provided	<u><b>12:00pm – 1:00pm</b></u> Lunch *Provided
<u><b>1:00pm-3:30pm</b></u> Movie at BTW Theater	<u><b>1:00pm – 4:00pm</b></u> Rocky Mount Sports Complex Park	<u><b>1:00pm-2:30pm</b></u> NC Nutrition – 5-6 Yr Olds	<u><b>1:00pm-3:30pm</b></u> BTW for Games and Activities.	<u><b>1:00pm-3:30pm</b></u> <u><b>Star City</b></u> <u><b>\$4.50</b></u>
<u><b>3:30pm 5:00pm</b></u> Snack In and Outside Activities	<u><b>4:00pm 5:00pm</b></u> Snack In and Outside Activities	<u><b>2:30pm-4:00pm</b></u> NC Nutrition – 7-8 Yr Olds	<u><b>3:30pm 5:00pm</b></u> Snack In and Outside Activities	<u><b>3:30pm-5:00pm</b></u> Snack In and Outside Activities
		<u><b>4:00pm-5:00pm</b></u> Outside games and activities		
<u><b>5:00pm – 5:30pm</b></u> Pickup	<u><b>5:00pm – 5:30pm</b></u> Pickup	<u><b>5:00pm – 5:30pm</b></u> Pickup	<u><b>5:00pm – 5:30pm</b></u> Pickup	<u><b>5:00pm – 5:30pm</b></u> Pickup

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**CITY OF ROCKY MOUNT**  
**PARKS AND RECREATION SUMMER DAY CAMP**  
Winstead Avenue

**Week 3: June 25 – June 29**

<u><b>Monday</b></u>	<u><b>Tuesday</b></u>	<u><b>Wednesday</b></u>	<u><b>Thursday</b></u>	<u><b>Friday</b></u>
<u><b>7:30am – 9:00am</b></u> Sign in and structured free time	<u><b>7:30am – 9:00am</b></u> Sign in and structured free time	<u><b>7:30am – 9:00am</b></u> Sign in and structured free time	<u><b>7:30am – 9:00am</b></u> Sign in and structured free time	<u><b>7:30am – 8:30am</b></u> Sign in and structured free time
<u><b>9:00am – 9:30am</b></u> Morning Exercise	<u><b>9:00am – 9:30am</b></u> Morning exercise	<u><b>9:00am – 9:30am</b></u> Morning exercise	<u><b>9:00am – 9:30am</b></u> Morning exercise	<u><b>8:30am – 3:00pm</b></u>  <u><b>Rainbow Lane</b></u>  <b>Clayton, NC</b> *One game for bowling *Shoe Rental *One ride on the Himalaya *Five tokens for Arcade *A slice of cheese pizza or a hotdog, a drink And chips  <u><b>\$7.50</b></u>  
<u><b>10:00am – 12pm</b></u> Swimming at Denton Street Pool  *Bathing suit and towel required*	<u><b>9:30am – 10:30am</b></u> Outside Games and Activities  <u><b>10:30am – 12:00pm</b></u> Arts & Crafts	<u><b>9:30am – 12:00pm</b></u> Swimming at Denton Street Pool  *Bathing suit and towel required*	<u><b>9:30am – 11:30am</b></u> Outside Games and Activities  Magazine Scavenger Hunt!  Obstacle Course	
<u><b>12:00pm – 1:00pm</b></u> Lunch  *Provided	<u><b>12:00pm – 1:00pm</b></u> Lunch  *Provided	<u><b>12:00pm – 1:00pm</b></u> Lunch  *Provided	<u><b>12:00pm – 1:00pm</b></u> Lunch  *Provided	
<u><b>1:00pm – 4:30pm</b></u> Movie at Winstead	<u><b>1:00pm – 3:30pm</b></u> Martin Luther King Park	<u><b>1:00pm-2:30pm</b></u> NC Nutrition – 5-6 Yr Olds	<u><b>1:00pm – 3:30pm</b></u> BTW for Games and Activities	
<u><b>4:30pm-5:00pm</b></u> Snack In or Outside Activities	<u><b>3:30pm-5:00pm</b></u> Snack In or Outside Activities	<u><b>2:30pm-4:00pm</b></u> NC Nutrition – 7-8 Yr Olds  <u><b>4:00pm-5:00pm</b></u> Snack Outside games and activities	<u><b>4:30pm-5:00pm</b></u> Snack In or Outside Activities	<u><b>3:00pm-5:00pm</b></u> Snack In or Outside Activities
<u><b>5:00pm – 5:30pm</b></u> Pickup	<u><b>5:00pm – 5:30pm</b></u> Pickup	<u><b>5:00pm – 5:30pm</b></u> Pickup	<u><b>5:00pm – 5:30pm</b></u> Pickup	<u><b>5:00pm – 5:30pm</b></u> Pickup

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**CITY OF ROCKY MOUNT**  
**PARKS AND RECREATION SUMMER DAY CAMP**  
Winstead Avenue

**Week 4: July 2 – July 6 – June 29**

<u><b>Monday</b></u>	<u><b>Tuesday</b></u>	<u><b>Wednesday</b></u>	<u><b>Thursday</b></u>	<u><b>Friday</b></u>
<u><b>7:30am – 9:00am</b></u> Sign in and structured free time	<u><b>7:30am – 9:00am</b></u> Sign in and structured free time	<b><u>NO CAMP</u></b>  <b><u>4<sup>th</sup> of</u></b> <b><u>JULY!!!</u></b>	<u><b>7:30am – 9:00am</b></u> Sign in and structured free time	<u><b>7:30am – 9:00am</b></u> Sign in and structured free time
<u><b>9:00am – 10:00am</b></u> Morning Exercise	<u><b>9:00am – 10:00am</b></u> Morning Exercise		<u><b>9:00am – 10:00am</b></u> Morning Exercise	<u><b>9:00am – 10:00am</b></u> Morning Exercise
<u><b>10:00am – 12:00pm</b></u> Swimming at Denton Street Pool  *Bathing suit and towel required*	<u><b>9:30am – 12:00pm</b></u> Outside Games and Activities  &  Arts and Crafts		<u><b>9:30am – 12:00pm</b></u> Outside Games and Activities  &  Table Games	<u><b>9:30am – 12:00pm</b></u> Outside Games and Activities  &  Bingo
<u><b>12:00pm – 1:00pm</b></u>  Lunch  *Provided	<u><b>12:00pm – 1:00pm</b></u>  Lunch  *Provided		<u><b>12:00pm – 1:00pm</b></u>  Lunch  *Provided	<u><b>12:00pm – 1:00pm</b></u>  Lunch  *Provided
<u><b>1:00pm – 3:30pm</b></u>  Movie at BTW Theater	<u><b>1:00pm – 4:00pm</b></u>  Fun with Science		<u><b>1:00pm – 4:00pm</b></u>  BTW for Games and Activities	<u><b>1:00pm – 4:00pm</b></u>  Family Fun Center Rocky Mount
<u><b>3:30pm-5:00pm</b></u> Snack In or Outside Activities	<u><b>4:30pm-5:00pm</b></u> Snack In or Outside Activities		<u><b>4:00pm-5:00pm</b></u> Snack In or Outside Activities	<u><b>4:00pm-5:00pm</b></u> Snack In or Outside Activities
<u><b>5:00pm – 5:30pm</b></u>  Pickup	<u><b>5:00pm – 5:30pm</b></u>  Pickup		<u><b>5:00pm – 5:30pm</b></u>  Pickup	<u><b>5:00pm – 5:30pm</b></u>  Pickup

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**CITY OF ROCKY MOUNT**  
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Winstead Avenue

**Week 5: July 9 – July 13**

<u><b>Monday</b></u>	<u><b>Tuesday</b></u>	<u><b>Wednesday</b></u>	<u><b>Thursday</b></u>	<u><b>Friday</b></u>
<u><b>7:30am – 9:00am</b></u> Sign in and structured free time	<u><b>7:30am – 9:00am</b></u> Sign in and structured free time	<u><b>7:30am – 9:00am</b></u> Sign in and structured free time	<u><b>7:30am – 9:00am</b></u> Sign in and structured free time	<u><b>7:30am – 9:00am</b></u> Sign in and structured free time
<u><b>9:00am – 10:00am</b></u> Morning Exercise	<u><b>9:00am – 10:00am</b></u> Morning Exercise	<u><b>9:00am – 4:00pm</b></u>  <u><b>FIELD DAY</b></u>  <u><b>@</b></u>  <u><b>SUNSET PARK!!</b></u>  <u><b>LUNCH WILL BE PROVIDED AT THE PARK!!</b></u>	<u><b>9:00am – 10:00am</b></u> Morning Exercise	<u><b>9:00am – 11:00am</b></u> Morning Exercise
<u><b>10:00am – 12:00pm</b></u> Swimming at Denton Street Pool  *Bathing suit and towel required*	<u><b>9:30am – 12:00pm</b></u> Outside Games and Activities  & Arts and Crafts		<u><b>9:30am – 12:00pm</b></u>  Kung Fu Panda Carmichael Theater \$2.00	<u><b>11:00am – 1:00pm</b></u>  Cow Appreciation Day  Chic- Fil - A  Lunch will be at Chic-Fil-A
<u><b>12:00pm – 1:00pm</b></u> Lunch  *Provided	<u><b>12:00pm – 1:00pm</b></u> Lunch  *Provided		<u><b>12:00pm – 1:00pm</b></u> Lunch  *Provided	
<u><b>1:00pm – 3:30pm</b></u> Movie at Winstead	<u><b>1:00pm – 4:00pm</b></u> Martin Luther King Park		<u><b>1:00pm – 4:00pm</b></u> BTW for Games and Activities	
<u><b>3:30pm-5:00pm</b></u> Snack In or Outside Activities	<u><b>4:30pm-5:00pm</b></u> Snack In or Outside Activities	<u><b>4:00pm-5:00pm</b></u> Snack In or Outside Activities	<u><b>4:00pm-5:00pm</b></u> Snack In or Outside Activities	<u><b>4:00pm-5:00pm</b></u> Snack In or Outside Activities
<u><b>5:00pm – 5:30pm</b></u> Pickup	<u><b>5:00pm – 5:30pm</b></u> Pickup	<u><b>5:00pm – 5:30pm</b></u> Pickup	<u><b>5:00pm – 5:30pm</b></u> Pickup	<u><b>5:00pm – 5:30pm</b></u> Pickup

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**CITY OF ROCKY MOUNT**  
**PARKS AND RECREATION SUMMER DAY CAMP**  
Winstead Avenue

**Week 6: July 16 – July 20**

<u><b>Monday</b></u>	<u><b>Tuesday</b></u>	<u><b>Wednesday</b></u>	<u><b>Thursday</b></u>	<u><b>Friday</b></u>
<u><b>7:30am – 9:00am</b></u> Sign in and structured free time	<u><b>7:30am – 9:00am</b></u> Sign in and structured free time	<u><b>7:30am – 9:00am</b></u> Sign in and structured free time	<u><b>7:30am – 9:00am</b></u> Sign in and structured free time	<u><b>7:30am – 9:00am</b></u> Sign in and structured free time
<u><b>9:00am – 10:00am</b></u> Morning Exercise	<u><b>9:00am – 10:00am</b></u> Morning Exercise	<u><b>9:00am – 10:00am</b></u> Morning Exercise	<u><b>9:00am – 10:00am</b></u> Morning Exercise	<u><b>9:00am – 10:00am</b></u> Morning Exercise
<u><b>10:00am – 12:00pm</b></u> Swimming at Denton Street Pool  *Bathing suit and towel required*	<u><b>9:30am – 12:00pm</b></u> Outside Games and Activities  &  Arts and Crafts	<u><b>10:00am – 12:00pm</b></u> Swimming at Denton Street Pool  *Bathing suit and towel required*	<u><b>9:30am – 12:00pm</b></u> Outside Games and Activities  &  BINGO!	<u><b>9:30am – 12:00pm</b></u> Sylvan Heights Waterfowl  \$5.00  **Bag Lunch Provided**
<u><b>12:00pm – 1:00pm</b></u> Lunch  *Provided	<u><b>12:00pm – 1:00pm</b></u> Lunch  *Provided	<u><b>12:00pm – 1:00pm</b></u> Lunch  *Provided	<u><b>12:00pm – 1:00pm</b></u> Lunch  *Provided	<u><b>12:00pm – 1:00pm</b></u> Lunch  *Provided
<u><b>1:00pm – 3:30pm</b></u> Movie at BTW Theater	<u><b>1:00pm – 4:00pm</b></u> Complete Arts and Crafts	<u><b>1:00pm – 4:00pm</b></u> NC Nutrition 5-6 y/o (1 -2:30) 7-8 y/o (2:30 – 4)	<u><b>1:00pm – 4:00pm</b></u> BTW for Games and Activities	<u><b>1:00pm – 4:00pm</b></u> Outside Games and Activities
<u><b>3:30pm-5:00pm</b></u> Snack In or Outside Activities	<u><b>4:30pm-5:00pm</b></u> Snack In or Outside Activities	<u><b>4:00pm-5:00pm</b></u> Snack In or Outside Activities	<u><b>4:00pm-5:00pm</b></u> Snack In or Outside Activities	<u><b>4:00pm-5:00pm</b></u> Snack In or Outside Activities
<u><b>5:00pm – 5:30pm</b></u> Pickup	<u><b>5:00pm – 5:30pm</b></u> Pickup	<u><b>5:00pm – 5:30pm</b></u> Pickup	<u><b>5:00pm – 5:30pm</b></u> Pickup	<u><b>5:00pm – 5:30pm</b></u> Pickup

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**CITY OF ROCKY MOUNT**  
**PARKS AND RECREATION SUMMER DAY CAMP**  
Winstead Avenue

**Week 7: July 23 – July 27**

<u><b>Monday</b></u>	<u><b>Tuesday</b></u>	<u><b>Wednesday</b></u>	<u><b>Thursday</b></u>	<u><b>Friday</b></u>
<u><b>7:30am – 9:00am</b></u> Sign in and structured free time	<u><b>7:30am – 9:00am</b></u> Sign in and structured free time	<u><b>7:30am – 9:00am</b></u> Sign in and structured free time	<u><b>7:30am – 9:00am</b></u> Sign in and structured free time	<u><b>7:30am – 9:00am</b></u> Sign in and structured free time
<u><b>9:00am – 10:00am</b></u> Morning Exercise	<u><b>9:00am – 9:30am</b></u> Morning Exercise	<u><b>9:00am – 10:00am</b></u> Morning Exercise	<u><b>9:00am – 9:30am</b></u> Morning Exercise	<u><b>9:00am – 4:00pm</b></u>
<u><b>10:00am – 12:00pm</b></u> Swimming at Denton Street Pool  *Bathing suit and towel required*	<u><b>9:30am – 12:00pm</b></u> Outside Games and Activities  &  Arts and Crafts	<u><b>10:00am – 12:00pm</b></u> Swimming at Denton Street Pool  *Bathing suit and towel required*	<u><b>9:30am – 12:00pm</b></u> Outside Games and Activities  &  Marshmallow Creatures (Team Work)	<b>NC Museum of Natural Science</b>   <b>Raleigh, NC</b>   <b>Bag Lunched will be provided.</b>
<u><b>12:00pm – 1:00pm</b></u>  Lunch  *Provided	<u><b>12:00pm – 1:00pm</b></u>  Lunch  *Provided	<u><b>12:00pm – 1:00pm</b></u>  Lunch  *Provided	<u><b>12:00pm – 1:00pm</b></u>  Lunch  *Provided	
<u><b>1:00pm – 3:30pm</b></u>  <b>Movie at Winstead</b>	<u><b>1:00pm – 4:00pm</b></u>  Fun With Science	<u><b>1:00pm – 4:00pm</b></u>  NC Nutrition 5-6 y/o (1 -2:30) 7-8 y/o (2:30 – 4)	<u><b>1:00pm – 4:00pm</b></u>  BTW for Games and Activities	
<u><b>3:30pm-5:00pm</b></u> Snack In or Outside Activities	<u><b>4:00pm-5:00pm</b></u> Snack In or Outside Activities	<u><b>4:00pm-5:00pm</b></u> Snack In or Outside Activities	<u><b>4:00pm-5:00pm</b></u> Snack In or Outside Activities	<u><b>4:00pm-5:00pm</b></u> Snack In or Outside Activities
<u><b>5:00pm – 5:30pm</b></u>  Pickup	<u><b>5:00pm – 5:30pm</b></u>  Pickup	<u><b>5:00pm – 5:30pm</b></u>  Pickup	<u><b>5:00pm – 5:30pm</b></u>  Pickup	<u><b>5:00pm – 5:30pm</b></u>  Pickup

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**CITY OF ROCKY MOUNT**  
**PARKS AND RECREATION SUMMER DAY CAMP**  
Winstead Avenue

**Week 8: July 30 – August 3**

<b><u>Monday</u></b>	<b><u>Tuesday</u></b>	<b><u>Wednesday</u></b>	<b><u>Thursday</u></b>	<b><u>Friday</u></b>
<b><u>7:30am – 9:00am</u></b> Sign in and structured free time	<b><u>7:30am – 9:00am</u></b> Sign in and structured free time	<b><u>7:30am – 9:00am</u></b> Sign in and structured free time	<b><u>7:30am – 9:00am</u></b> Sign in and structured free time	<b><u>7:30am – 8:30am</u></b> Sign in and structured free time
<b><u>9:00am – 10:00am</u></b> Morning Exercise	<b><u>9:00am – 9:30am</u></b> Morning Exercise	<b><u>9:00am – 10:00am</u></b> Morning Exercise	<b><u>9:00am – 9:30am</u></b> Morning Exercise	<b><u>8:30am – 4:00pm</u></b>  Neuse - Parkway  Kinston, NC  Bag Lunched will be provided.  \$5.00
<b><u>10:00am – 12:00pm</u></b> Swimming at Denton Street Pool  *Bathing suit and towel required*	<b><u>9:30am – 12:00pm</u></b> Outside Games and Activities  &  Arts and Crafts	<b><u>10:00am – 12:00pm</u></b> Swimming at Denton Street Pool  *Bathing suit and towel required*	<b><u>9:30am – 12:00pm</u></b>  Nutrition	
<b><u>12:00pm – 1:00pm</u></b>  Lunch  *Provided	<b><u>12:00pm – 1:00pm</u></b>  Lunch  *Provided	<b><u>12:00pm – 1:00pm</u></b>  Lunch  *Provided	<b><u>12:00pm – 1:00pm</u></b>  Lunch  *Provided	
<b><u>1:00pm – 3:30pm</u></b>  <b>Movie at BTW Theater</b>	<b><u>1:00pm – 4:00pm</u></b>  Fun With Science	<b><u>1:00pm – 4:00pm</u></b>  Talent Show @ BTW Theater	<b><u>1:00pm – 4:00pm</u></b>  BTW for Games and Activities	
<b><u>3:30pm-5:00pm</u></b> Snack In or Outside Activities	<b><u>4:00pm-5:00pm</u></b> Snack In or Outside Activities	<b><u>4:00pm-5:00pm</u></b> Snack In or Outside Activities	<b><u>4:00pm-5:00pm</u></b> Snack In or Outside Activities	
<b><u>5:00pm – 5:30pm</u></b>  Pickup	<b><u>5:00pm – 5:30pm</u></b>  Pickup	<b><u>5:00pm – 5:30pm</u></b>  Pickup	<b><u>5:00pm – 5:30pm</u></b>  Pickup	<b><u>5:00pm – 5:30pm</u></b>  Pickup

*\*All trips are subject to change*

*\*Please bring correct change for all trips*

*\*Closed toe shoes are required daily and shorts are recommended*

*\*Schedules can be viewed at <http://www.rockymountnc.gov/parks/>*

*For additional information please contact Camp Director at 252-382-3046*



**CITY OF ROCKY MOUNT**  
**PARKS AND RECREATION SUMMER DAY CAMP**  
Winstead Avenue

**Week 9: August 6 – August 10**

<b><u>Monday</u></b>	<b><u>Tuesday</u></b>	<b><u>Wednesday</u></b>	<b><u>Thursday</u></b>	<b><u>Friday</u></b>
<b><u>7:30am – 9:00am</u></b> Sign in and structured free time	<b><u>7:30am – 9:00am</u></b> Sign in and structured free time	<b><u>7:30am – 9:00am</u></b> Sign in and structured free time	<b><u>7:30am – 9:00am</u></b> Sign in and structured free time	<b><u>7:30am – 8:30am</u></b> Sign in and structured free time
<b><u>9:00am – 10:00am</u></b> Morning Exercise	<b><u>9:00am – 9:30am</u></b> Morning Exercise	<b><u>9:00am – 10:00am</u></b> Morning Exercise	<b><u>9:00am – 9:30am</u></b> Morning Exercise	<b><u>9:00am – 9:30am</u></b> Morning Exercise
<b><u>10:00am – 12:00pm</u></b> Swimming at Denton Street Pool  *Bathing suit and towel required*	<b><u>9:30am – 12:00pm</u></b> Outside Games and Activities  &  Arts and Crafts	<b><u>10:00am – 12:00pm</u></b> Swimming at Denton Street Pool  *Bathing suit and towel required*	<b><u>9:30am – 12:00pm</u></b> Outside Games and Activities  &  Playdough	<b><u>9:30am – 12:00pm</u></b> Outside Games and Activities  &  Table Games
<b><u>12:00pm – 1:00pm</u></b>  Lunch  *Provided	<b><u>12:00pm – 1:00pm</u></b>  Lunch  *Provided	<b><u>12:00pm – 1:00pm</u></b>  Lunch  *Provided	<b><u>12:00pm – 1:00pm</u></b>  Lunch  *Provided	<b><u>12:00pm – 1:00pm</u></b>  Lunch  *Provided
<b><u>1:00pm – 3:30pm</u></b>  Movie at Winstead	<b><u>1:00pm – 3:30pm</u></b>  Volleyball	<b><u>1:00pm – 3:30pm</u></b>  Fun With Science	<b><u>1:00pm – 3:30pm</u></b>  BTW for Games and Activities	<b><u>1:00pm – 3:30pm</u></b>  Star City \$4.50
<b><u>3:30pm-5:00pm</u></b> Snack In or Outside Activities	<b><u>4:00pm-5:00pm</u></b> Snack In or Outside Activities	<b><u>4:00pm-5:00pm</u></b> Snack In or Outside Activities	<b><u>4:00pm-5:00pm</u></b> Snack In or Outside Activities	<b><u>4:00pm-5:00pm</u></b> Snack In or Outside Activities
<b><u>5:00pm – 5:30pm</u></b>  Pickup	<b><u>5:00pm – 5:30pm</u></b>  Pickup	<b><u>5:00pm – 5:30pm</u></b>  Pickup	<b><u>5:00pm – 5:30pm</u></b>  Pickup	<b><u>5:00pm – 5:30pm</u></b>  Pickup

*\*All trips are subject to change*

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